

## AAS PHYSICAL THERAPIST ASSISTANT: TECHNICAL STANDARDS FORM

The following tasks are normally performed by students in the Physical Therapist Assistant program curriculum. If a "No" response is given to one of the tasks, reasonable accommodation will be considered and utilized as appropriate.

**Please check the appropriate box on the right, sign, date, and return with your application. You may make a copy if you so desire.**

<b>A. ARE YOU ABLE TO:</b>	<b>YES</b>	<b>NO</b>
1. Stand for 60+ minutes (up to 4 hours) on a tiled or carpeted surface?	<input type="checkbox"/>	<input type="checkbox"/>
2. Sit for 50 minutes on a chair at a table or desk?	<input type="checkbox"/>	<input type="checkbox"/>
3. Ambulate unassisted to include these functions: walk 600 feet one way on a tiled or carpeted surface? Turn to either direction on a tiled or carpeted surface? Walk backwards for up to 10 feet on a tiled or carpeted surface?	<input type="checkbox"/>	<input type="checkbox"/>
4. Lift and carry varying weights and equipment of up to 20 lbs.?	<input type="checkbox"/>	<input type="checkbox"/>
5. Lift equipment such as a folded walker or crutches of approximately 8 lbs. to shoulder level and then carry same up to 30 feet?	<input type="checkbox"/>	<input type="checkbox"/>
6. Lift a weakened or flaccid extremity of 20-30 lbs. above shoulder height?	<input type="checkbox"/>	<input type="checkbox"/>
7. Assist patients from a back-lying position to sitting on the edge of the bed (and vice versa) with varying degrees of assistance working with up to 250 lbs.	<input type="checkbox"/>	<input type="checkbox"/>
8. Assist patients to transfer from surface to surface with varying amount of assistance?	<input type="checkbox"/>	<input type="checkbox"/>
9. Maintain your standing balance in awkward positions (such as when you are handling equipment, using assistive devices, working with patients)?	<input type="checkbox"/>	<input type="checkbox"/>
10. Bend, stoop, or crouch to reach a low object frequently?	<input type="checkbox"/>	<input type="checkbox"/>
11. Twist your trunk (spine) from side to side frequently?	<input type="checkbox"/>	<input type="checkbox"/>
12. Rotate your hand/wrist to turn knobs frequently	<input type="checkbox"/>	<input type="checkbox"/>
13. Reach overhead occasionally?	<input type="checkbox"/>	<input type="checkbox"/>
14. Reach forward frequently?	<input type="checkbox"/>	<input type="checkbox"/>
15. Reach side to side frequently?	<input type="checkbox"/>	<input type="checkbox"/>
16. Maneuver equipment and patients in tight areas?	<input type="checkbox"/>	<input type="checkbox"/>
17. Handle various sized objects (e.g. machine components, electrodes, gel bottles, assistive devices, exercise equipment, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>
18. Manipulate small objects such as dials, switches, buttons, push pins on assistive device extenders, gown ties, etc.?	<input type="checkbox"/>	<input type="checkbox"/>

<b>B. OTHER DEMANDS OF TRAINING IN THIS PROFESSION. ARE YOU ABLE TO:</b>	<b>YES</b>	<b>NO</b>
1. SEE: read printed information; read control panels; observe patient skin before, during and after treatment; observe patient coloration before, during and after treatment; verify patient identification; read patient assessment information; observe that the work area is free of obstacles, etc.?	<input type="checkbox"/>	<input type="checkbox"/>
2. HEAR: clinical and classroom instructor directions; patient questions/comments one on one and otherwise; health team members comments/ questions or directions one on one and otherwise; emergency call bells, timers, etc.?	<input type="checkbox"/>	<input type="checkbox"/>
3. SPEAK: provide feedback to the instructors; give instructions to patients/family members; verify patient identification; provide direction in emergency situations, make group presentations, etc. in English?	<input type="checkbox"/>	<input type="checkbox"/>

**Signature:**

*(print your full name as your signature)*

**Date:**