

*The SSJ takes a break until the first day of Spring 2026 classes.
Submit your news and events to pikespeak.edu/publicity-request by
Wednesday, January 7, 2026 at 5 pm for the January 19-February 1 issue.*

Refer to pikespeak.edu/ssj or your PPSC email for a digital edition with live links.

Be Kind TO YOUR MIND

Free mental health services for every student, every story.

College is definitely exciting but it can also be overwhelming. The Counseling Center is here to help with free, confidential counseling sessions and a safe space to talk through whatever you're facing.

YOU CAN EXPECT:

- Six free sessions per semester
- 50-minute appointments (in person or virtual)
- Availability at every campus
- A confidential, affirming space

HOW IT WORKS:

1. Call or stop by to schedule your intake.
2. Look for a portal invite to complete your forms.
3. Meet with a counselor to talk about your goals and needs.
4. Create a plan together.
5. Get referrals if you need more care.

HOURS & LOCATIONS:

Monday–Friday | 8am–5pm
Centennial Campus, A141
Rampart Range Campus, N107C
Downtown Campus, S129
CHES, 110

The Counseling Center is a welcoming, affirming, safe space for students of all backgrounds. We believe every student deserves respectful, high-quality care and we're here to offer that support to you.

NEED IMMEDIATE HELP?

If you or someone you know is in danger of harming themselves or others, call 911 or go to the nearest hospital emergency room. On campus, call 719-502-4782 or Campus Police at 719-502-2900.



LOOKING FOR VIRTUAL HELP?

Need to talk after hours or from home? You've got access to free, 50-minute teletherapy sessions with licensed counselors, day or night through BetterMynd. *Scan the QR code to sign up with your student email.*



WORRIED ABOUT YOURSELF OR SOMEONE ELSE?

The Behavioral Intervention Team (BIT) team offers care and support for students showing signs of distress. No judgment, no discipline, just connection and help when it's needed most. *Scan the QR code to learn more and make a report.*



PREFER TO WORK THROUGH THINGS ON YOUR OWN?

The Counseling Center has guides, videos and other self-help tools to help you manage stress, build focus and take care of your mental health at your own pace. *Scan the QR code for available self-help resources.*



We're here to support you.

Call: 719-502-4782 | Web: pikespeak.edu/counseling | Email: counselingcenter@pikespeak.edu
Scan the QR code to book an appointment today.



ACADEMIC OPPORTUNITIES



APPLY TO BE THE 2026 GRADUATE COMMENCEMENT SPEAKER
Deadline: Fri, Feb 13 | Online Application

Like all PPSC graduates, you have a powerful story to share. Selection is based on community impact, speech content and more. Finalists will present via Zoom. The winner will receive coaching, a headshot and feature in the printed program. *Scan the QR code to apply. Questions? Contact commencement@pikespeak.edu.*

UCCS SCHOLARSHIP WORKSHOP
Mon, Dec 1 | 11am & 1pm | Rampart, S205

Learn how to apply for scholarships at UCCS with help from their scholarship team. Join a short info session at 11am or 1pm, then stay for one-on-one help to tailor your application and essay to earn scholarship awards. *Questions? Contact lisa.rosenberg@pikespeak.edu.*



PRACTICAL NURSE (PN) APPLICATION OPEN
Deadline: Nov 30 | Online

Applications for the Spring 2026 Practical Nursing program open Fri, Nov 15 and close Sat, Nov 30. Submit your application online to be considered for enrollment. *Scan the QR code to apply. Contact practical-nursing@pikespeak.edu with questions.*



PTK PRESIDENT'S SCHOLARSHIP
Now–Dec 1 | Online

Pell Grant recipients can apply for the President's Scholarship to waive the Phi Theta Kappa membership fee. *Scan the QR code to apply. Contact hitcel.hernandez@pikespeak.edu with questions..*

EVENTS & ACTIVITIES

FILM FESTIVAL

Fri, Dec 5 | 6pm–8pm | Downtown, S205/215

Join us to celebrate creativity and storytelling at the PPSC Film Festival! Explore short films, storyboards and essays created by students as their final project showcase. Come support their work and enjoy a night of student-led film and art. *Contact rebekah.atwood@pikespeak.edu with questions.*

STUDENT ART EXHIBITION

Dec 3–Jan 16 | Downtown, Gallery at Studio West

The PPSC Student Art Exhibition is on view at the Gallery at Studio West. Join us in the gallery for a reception on Fri, Dec 5 from 5–7pm to celebrate the amazing artistic accomplishments of our arts students. **Free admission and light refreshments will be provided.** *Call 719-503-4040 with questions.*

SERVICES & RESOURCES

FREE FINANCIAL COUNSELING FROM CANVAS CREDIT UNION

Every Friday | Virtual

Canvas Credit Union is here to help with budgeting, credit, debt and future goals. Get free, confidential and personalized guidance, available every Friday. *Contact gwyng@canvas.org to schedule a session.*



APPLICATION NOW OPEN | TRIO STUDENT SUPPORT SERVICES
Deadline: Mar 31, 2026

TRIO Student Support Services is accepting applications for spring! Get support with academics, tutoring, mentoring and more. *Scan the QR code to apply now! Got questions? Reach out to carrie.gillespie@pikespeak.edu.*

STUDENT CLUBS



Connect, learn, and lead through student clubs at PPSC. Join a group or start your own! *Scan the QR code to learn more.*



QUEER EMPOWERMENT CLUB
Thu, Dec 4 | 3:15pm–4:45pm
Centennial, A251

Connect with other queer students and allies at our final meeting of the semester. It's a white elephant exchange! All are welcome. *Scan the QR code to join virtually. Questions? Contact estellick2@student.cccs.edu.*

ARMONÍA HISPANA

Every Other Tues | 1–3pm | Centennial, A200v

Celebrate Latino culture and Hispanic heritage with hispanohablantes, Latinx students and allies. Share culture, build friendships and get academic support! *Contact smendozaperaza2@student.cccs.edu with questions.*

FOOD SOVEREIGNTY: INDIGENOUS RESILIENCE

Mon, Nov 24 | 11am–12pm
Downtown, Learning Commons

Centers on returning to ancestral knowledge of growing and sourcing our food.

FRIENDS-SHARING POTLUCK

Tue, Nov 25 | 3pm–6pm | Rampart, Atrium

Join us to share food, honor the victims of the Sand Creek Massacre and receive a traditional blessing. Some of our students may be experiencing hunger. If you can share more, to help those who have less, please do.