

Submit your news and events to pikespeak.edu/publicity-request by Wednesday, November 15 at 5 pm for the November 25–December 8 issue.

Refer to pikespeak.edu/ssj or your PPSC email for a digital edition with live links.

Fall 2024 De-Stress Fest

Nov 18–21 | Various Campuses

Take a break before finals at the Fall 2024 De-Stress Fest, sponsored by Student Experience & Leadership and Recreation & Wellness!

Wellness Workshops & Meditation

Tues, Nov 19 | Centennial

Staff: 8–9am or 8:30–9:30am

Students: 9:15–10:15am or 9:45–10:45am

Wed, Nov 20 | Rampart

Staff: 9:30–10:30am | Students: 10:45–11:45am

Wed, Nov 20 | CHES

Staff: 12:30–1:30pm | Students: 1:45–2:45pm

Thurs, Nov 21 | Downtown

Staff: 1–2pm or 1:15–2:15pm

Students: 2:15–3:15pm or 2:30–3:30pm

DIY Finals Survival & Self-Care Kits

Create your own self-care kit with snacks, affirmations, and more:

Mon, Nov 18 | 12–2pm | CHES, Lobby

Tues, Nov 19 | 10am–1pm | Downtown, Learning Commons

Wed, Nov 20 | 10am–1pm | Centennial, The Grove

Thurs, Nov 21 | 11am–1pm | Rampart, Atrium

Yoga Classes

Relax with a rejuvenating yoga session:

Mon, Nov 18 | 9:30–10:30am | Centennial, Fitness Center

Wed, Nov 20 | 2–3:30pm | Downtown, Yoga Studio

Thurs, Nov 21 | 2–3pm | Centennial, Fitness Center



Contact andrea.hernandez@pikespeak.edu or jason.felts@pikespeak.edu for more information.

SERVICES & RESOURCES

KEEP CALM AND STUDY ON

10am–1pm @ All Locations

Nov 18 | Centennial, Grove

Nov 19 | Downtown, Learning Commons

Nov 20 | Rampart, Learning Commons

Nov 21 | CHES, Learning Commons

Join us for a creative stress relief activity where you can unwind with coloring materials provided. Take a break, get creative, and let go of some of that pre-finals stress! Contact the Counseling Center at 719-502-4782 for more information.

HAT & MITTEN DRIVE

Month of November | Centennial Campus

Throughout November, Career Start Criminal Justice students are collecting winter hats, mittens, gloves, and socks to support Children's Hospital in providing warmth to kids in need in our community. Everyone is welcome to contribute to help keep children warm this winter.

To donate, contact ann.rusin-egnor@pikespeak.edu

ACADEMIC OPPORTUNITIES

NATIVE AMERICAN HERITAGE CELEBRATION

Nov 20 | 11am | Centennial, Atrium

Join us for the presentation of PPSC's Land Acknowledgment, enjoy traditional dances by Native dance groups, peruse an Indian Market featuring Native crafts and indulge in food from Native-owned vendors. Native students and staff are invited to wear regalia and join in the Intertribal dances. For more info, contact 719-502-2352 or 719-502-3544.

STERILE PROCESSING TECHNOLOGY INFORMATION SESSION

Thu, Nov 21 | 2pm | CHES, 245

Interested in playing a vital role in healthcare and patient safety? Join us for an informational session introducing PPSC's new Sterile Processing Technology Program. Learn about career paths in sterile processing, and PPSC's industry partnerships that will enhance your education and career prospects. For questions, contact antoinette.trujillofergus@pikespeak.edu or 719-502-3722.

ENGINEERING REGISTRATION EVENT

Thu, Nov 14 | 1–2pm | Rampart, S205

Engineering majors can get one-on-one support with registering for Spring 2025 classes! Join us at either location to ensure you're on track for next semester with guidance specific to your degree path. Contact sara.divine@pikespeak.edu with questions.

MATH COLLOQUIUM FALL 2024

Fri, Nov 15 | 11:30am–3:30pm | Centennial, Atrium

Join us for the Math Colloquium, sponsored by the Math Department, where students present research projects developed in their Math and Engineering courses. This semester's keynote speaker will be Dr. Tom Edgar, Visiting Professor of Mathematics from the US Air Force Academy. Open to all students, faculty, and anyone with an interest in mathematics! Contact bill.kuhn@pikespeak.edu for more information.



PTA Q&A SESSION

Thu, Nov 21 | 12–1pm | Zoom

Prospective students interested in the Physical Therapist Assistant program are invited to join a virtual Q&A session with PTA faculty. This is a great opportunity to ask questions about the program and the application process. Scan the QR code to join via Zoom. Contact joseph.miller@pikespeak.edu for more information.

PPSC TO UCCS TRANSFER INFORMATION SESSION

Wed, Nov 13 | 11am–2pm | Centennial, A140

Are you thinking about transferring to UCCS? Join us for an informal session where you can meet with advisors from PPSC and UCCS to discuss the transfer process, ask questions, and get personalized advice. No presentations—just one-on-one support for your transfer journey! Contact lisa.rosenberg@pikespeak.edu for more information.

EVENTS & ACTIVITIES



SVO RETRO GAME NIGHT

Wed, Nov 13 | 4–6:30pm

Centennial, Grove

Join the Student Veterans Organization for a night of retro fun with bingo, board games, snacks, and great company! Open to all PPSC students, staff, and faculty, this event is a perfect opportunity to unwind and connect with others on campus. Scan the QR code to RSVP. Contact Jake Post at 308-765-8022 or svo@pikespeak.edu with questions.



FALL FOR DANCE 2024

Fri & Sat, Nov 22 & 23 | 7:30pm

Centennial, Theater

For tickets, scan the QR code.

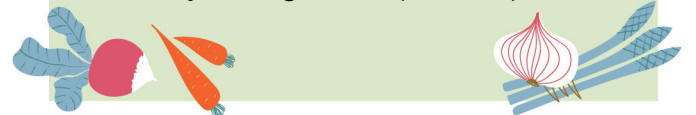
Join the Pikes Peak State College Dance Department for Fall for Dance 2024. This year's show dives into the impact of social media and AI, using athletic and evocative movement to spark conversation. Enjoy a diverse program with pieces from Ballet, Jazz, Hip Hop, and Belly Dance classes. Proceeds support the Dance Department's Excellence in Dance Scholarship. \$5 | Students, PPSC employees, seniors, & military \$10 | General Admission Contact stephanie.kobes-newcomb@pikespeak.edu for more information.

KUDOS TO DR. KIMBERLY WHITTEN-CHUNG ON PUBLICATION!

Congratulations to **Dr. Kimberly Whitten-Chung**, Director of Operations at CHES and her colleagues on the publication of their article, Caring for Transgender and Gender Diverse Prehospital Patients: A NAEMSP Position Statement and Resource Document. This important work advances understanding and best practices in prehospital care for transgender and gender-diverse patients. We are proud to work alongside a colleague prioritizing knowledge and inclusion for all!

UNVEILING THE NEW CANVAS COMMUNITY FOOD PANTRY!

We are so excited to announce the new partnership with Canvas Credit Union, who will now be fully funding our campus food pantries!



CLUBS

QUEER EMPOWERMENT FRIENDSGIVING POTLUCK

Fri, Nov 22 | 12:30pm | Centennial, A351

LGBTQIA+ students and staff are invited to join the Queer Empowerment group for a Friendsgiving Potluck! Bring a dish or snack to share and connect with fellow students in a welcoming space. Contact sheer.birchfield@student.cccs.edu for more information.

BLACK STUDENT UNION

Tues, Nov 19 | 3–4pm

Centennial, Learning Commons, A200v

Join the Black Student Union for meetings every other week. All students and faculty are invited to attend. Contact mharvin@student.cccs.edu or 719-360-7943 with questions.