

### PIKES PEAK STATE COLLEGE | ISSUE OCTOBER 24-NOVEMBER 6, 2022

Submit your news and events to <u>pikespeak.edu/publicity-request</u> by Friday, October 28 at 5 pm for the Nov. 7–Nov. 21 issue.

Refer to <u>pikespeak.edu/ssj</u> or your PPSC email for a digital edition with live links.

# Get help. Feel better.

Your mental health matters. Pikes Peak State College has partnered with BetterMynd to offer students FREE livevideo therapy sessions with licensed mental health counselors.

Sessions are private, confidential, and can take place day, night, and

on weekends on your laptop or phone.

To get started, register here: <u>bettermynd.com.</u>



An online therapy platform for college students.

### EVENTS

#### Wed/Oct. 26

#### **Physical Therapist Assistant Info Session**

Learn more about the field, meet with faculty and staff, explore career options, and more. *Questions? Contact Zach at 719-502-2237 or* <u>zach.lebsock@pikespeak.edu</u> 6:15-7:15 pm | Center for Healthcare Education & Simulation, Rm. 245

#### Wed/Oct. 26 Power Hour

Enjoy coffee, energy drinks, and snacks and build care packages for deployed soldiers in observance of Day of the Deployed. 11 am-noon | CC, Grove & RRC, Student Lounge

#### Thur/Oct. 27 Halloween Concert

Enjoy some fun and spooky music presented by the music dept. Costumes welcome. 7 pm | Centennial, Theater

### Mon/Oct. 31

Trunk or Treat Grab some candy and stay for the Scary Story Circle (5-5:30 pm) 4-7 pm | Rampart, Atrium

#### Mon/Oct. 31–Nov. 25 Veteran Voices Art Show

Original artwork by regional veterans. Open to

#### Sat/Nov 5 Rampart Range Campus Visit

Learn about the benefits of attending Pikes Peak State College, explore financial aid options, go on a tour of the campus, and more. <u>Sign up: pikespeak.edu/visit-campus</u> 10–11 am | Rampart, S205 11 am-noon | Centennial, C200

#### Sat/Nov. 5 Youth Documentary Films Premiere & Gen Z Media Lab

Young people present films and talk with the audience. Then, a panel of community leaders, journalists, and academics reflect back what they are hearing young people say are the issues that matter to them. In the evening, 11 new films will be premiered with Q + A sessions.

### <u>Media lab</u>: 1–4 pm <u>Movie Premieres</u>: 5–9 pm

Colorado College's Celeste Theater, 825 North Cascade

# KUDOS

Vet 1009 Career Start students made toys out of old towels and t-shirts for dogs and cats and donated them to the Humane Society. They are going to give the toys to animals in foster care and in the shelter to give them some enrichment.

## ANNOUNCEMENTS

#### Law Enforcement Academy Enrollment

Pikes Peak Regional Law Enforcement Academy is now accepting applications for the spring 2023 semester. Deadline: Nov 15. For additional info, you are invited to attend our Public Safety Info Night on Nov. 10 at 6:30 in Rm. A-140. You may also contact Cathy LaBrecque at 719-502-3528 or the BPS Division at 719-502-3300. Apply now at: pikespeak.edu/law-enforcement-academy

#### UCCS Tours

Interested in transferring to UCCS and see what it's like to be a Mountain Lion? <u>Schedule</u> <u>your tour.</u>

#### Protect Yourself from Debt Relief Scams

Are you preparing to apply for student loan forgiveness through the federal student debt relief plan? <u>Here's a list of Do's and Don'ts to</u> <u>protect yourself against scams.</u>

#### Veterans Week, Nov 7-11

Join us to honor all who served. Events include field of flags, CO W's Hall of Fame photo display, military/vet photo display, mobile veteran clinic, and a wreath laying ceremony and reception. *Learn more: pikespeak.edu/vetweek* 

the public M–F, 8 am–noon and 1–5 pm. Opening reception: Nov. 4, 5–8 pm | DT, Gallery at Studio West

#### Tue/Nov 1, 8 & 15

#### **Restorative Yoga**

Learn what yoga can do for your mind and body. If you've never tried yoga, this is a great introduction in a non-judgmental environment. *Sign up: carolyn.owen@pikespeak.edu or Scan the QR code.* 





need some guidance? pikespeak.edu/advising