

# NO MORE SECRETS

*Breaking Through Barriers*

**October 4-5**

No More Secrets aims to combat mental-health stigma in local communities of color and to connect individuals and families with the resources they need. The symposium is **FREE**.

What happens in this house stays in this house.

Baby, we don't air out our dirty laundry.

Pikes Peak Community College Centennial Campus  
5675 S. Academy Blvd, Colorado Springs

***Register at [ppcc.edu/nomoresecrets](http://ppcc.edu/nomoresecrets) or 719.502.4782***

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